PE Curriculum Intent (outcome groups)

Our examination PE curriculum is ambitious, inclusive, and designed to maximise achievement for all students. Through a balance of practical performance and academic study, students develop the knowledge, skills, and confidence needed to succeed in further education, employment, and lifelong participation in physical activity.

We intend for students to:

- Develop a lifelong passion for PE and sport
- Gain a broad understanding of sport and physical activity beyond their role as a performer.
- Confidently communicate and apply subject-specific terminology through both written and verbal responses.
- Understand the structure and function of the human body and its response to exercise.
- Evaluate the factors that influence performance, health, and wellbeing.
- Develop the knowledge, understanding, and practical skills required to perform at their highest level.
- Build strong foundations in key concepts and skills that prepare them for successful progression through Key Stage 4 qualifications.

PE Curriculum Implementation

We deliver our curriculum through:

- Carefully sequenced schemes of learning that build on prior knowledge and promote long-term retention.
- Planned retrieval and interleaving opportunities to strengthen understanding over time.
- High-quality teaching that engages, challenges, and supports all learners.
- Effective assessment and feedback that identify misconceptions and accelerate progress.
- A structured assessment framework that tracks achievement and informs intervention.
- Robust quality assurance processes that monitor progress and improve outcomes.
- Targeted support programmes that ensure all students can achieve their potential.
- Academic and vocational pathways that meet the needs and aspirations of individual learners.

KS 4	**OCR GCSE PE**	**OCR Cambridge National Sport Science**
KS 5	OCR A level PE	OCR AAQ Health and Social Care

Health & Social Care Curriculum Map

Year 13 Term 5

F096 Submit

F096 NEA
Supporting people in relation to Sexual Health, Pregnancy and Postnatal Heath





Year 13 Term 3 & 4

F091 Exam
F097 Submit

Unit F096 NEA
Supporting people in relation to Sexual Health, Pregnancy and Postnatal Health.





Year 13 Term 2

Year 13 Term 1

F091 Mock Exam

Unit F091 Exam Anatomy and Physiology
Unit f097 Supporting Healthy Nutrition and Lifestyle





Year 12 Term 5

Year 12 Term 6

Unit F093 NEA
Supporting people with Mental Health Conditions

Unit F091 Exam
Anatomy & Physiology

F092 & F093 submit





Year 12 Term 4

Year 12 Term 3

Unit F093 NEA
Supporting people with Mental Health Conditions

Unit F092 NEA
Person Centred Approach to Care

F090 Exam





Year 12 Term 1

Year 12 Term 2

Unit F090 Exam
Principles of H & SC

Unit F090 Exam
Unit F092 NEA
Person Centred Approach to Care

F090 Mock Exam