

VIRTUAL SPORTS DAY EVENTS | 22 – 26 JUNE

@TuptonHallPE
#THSSportsDay2020

Event Schedule

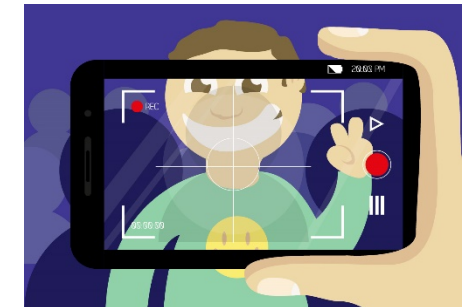
~~Day 1 Monday 22nd: 'John O'Groats to Lands End'~~

~~Day 2 Tuesday 23rd: 'Decathlon Events 1-5'~~

~~Day 3 Wednesday 24th: 'Decathlon Events 6-10'~~

Day 4 Thursday 25th: 'Climb Mount Everest Speed Bounce'

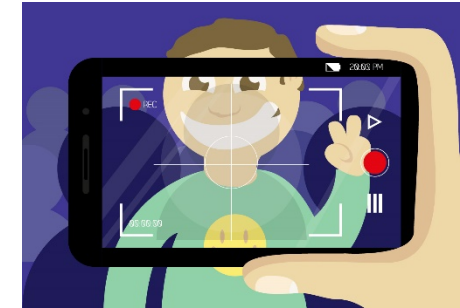
Day 5 Friday 26th: 'Get Caught Doing Something Sporty'



Who will be crowned our first ever Virtual Sports Day champions?

Day 4 Thursday 25th June 2020

Climb Mount Everest (Speed Bounce)



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Day 4 Climb Mount Everest – Virtual Sports Day Challenge

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‘Climb Mount Everest’ Target: **8848m**

Who will reach the summit? 8848m



1 jump = 1 metre

How do I get involved?

Using a shoe as your hurdle, stand with both feet on one side and jump sideways (feet together) onto the other side of the trainer.

Each jump = 1 metre

You only get **one chance to submit your score** so have a go! Get prepared... get jumping!

Submit your score via the FORM

[CLICK HERE](#) to submit your score.

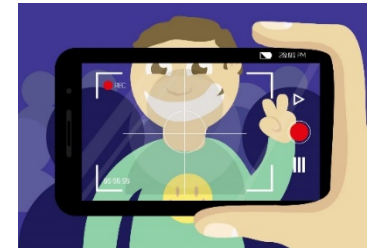


VIRTUAL SPORTS DAY GUIDANCE

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1. Check your school emails and Class Charts each day!
2. To submit your scores **using your phone...** click on the link via your Class Charts PE lesson or via the PowerPoint slide for that day (easiest way)
3. **On your home computer** you need to use Google Chrome, as your browser, view PowerPoint in **full screen/slideshow view** and press **'CLICK HERE'** on the slide for that day. (You may be asked to log-in using your school email address and password)
4. When you have completed the FORM then **press 'Submit'**
5. There is also an option to upload a photo of you taking part **PLEASE DO!!!!**
6. If you have any issues please email your **PE Teacher/Form Tutor**

Good luck and thanks for getting involved!



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